



CYCLE STUDIO TIMETABLE

Starts 29th June 2026

	Monday	Tuesday	Wednesday	Thursday.	Friday	Saturday	Sunday
5:35am	30	30	30	30	30		
6:15am	50 Min - LIVE CLASS	50	50 Min - LIVE CLASS	30	50 Min - LIVE CLASS		
7:15am						30	
7:30am	45	30	50	50	45		
8am						50 Min - LIVE CLASS	45
9:30am	50	45	30	50	45	30	50
12:30pm	50	30	45	30	50	50	30
4pm	50	30	50	45	30	50	30
5:45pm	30	50 Min - LIVE CLASS	45	50 Min - LIVE CLASS	50		50
6:45pm	50	45	30	45	30		

Classes are for everyone!

VIRTUAL = Our VIRTUAL CLASSES within our facility are identified by this logo. = Class Duration in minutes.

Our fleet of bikes are Body Bike's | Please bring with you a towel and water bottle | Wear comfortable workout clothing & supportive shoes

You will find us at 1 Snowy River Avenue, Jindabyne NSW 2627

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