



CYCLE STUDIO TIMETABLE

Starts 3rd July 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:35am						
6:15am						
7:10am						
7:30am						
8am						
9:35am						
12:35pm						
4pm						
5:45pm						
6:50pm						

Classes are for everyone!

= Our VIRTUAL CLASSES within our facility are identified by this logo.

= Class Duration in minutes.

Our fleet of bikes are Body Bike's | Please bring with you a towel and full water bottle | Wear comfortable workout clothing & supportive shoes

You will find us at 1 Snowy River Avenue, Jindabyne NSW 2627

highcountryfitness.com.au | Facebook | Instagram